

# Our Lady & St. Joseph, Aire Valley

St Monica's Presbytery, Bradford Old Road BD16 1SA

**1<sup>st</sup> February 2026****4th Sunday in Ordinary Time**

Diocese of Leeds Charity Number 249404

*O Lord, may your words be on our lips, and in our hearts.**May they give us courage and hope – and draw us nearer to you.*

4th Sunday in Ordinary Time Year A	4.15-4.45 pm Confessions 5 pm Mass	Bingley	Maresa Bell
	9.15 am Mass	Cottingley	Parish
Saturday 31/Sunday 1 February	11.15 am Mass	Bingley	Maureen Thompson
Monday 2 February The Presentation of the Lord	10 am Mass	Cottingley	Danny Kay
Tuesday 3 February St Blaise, Bishop, Martyr	No Mass		
Wednesday 4 February	1.15 Requiem Harold Morrell	Bingley	
Thursday 5 February St Agatha, Virgin, Martyr	No Mass		
Friday 6 February St Paul Miki and Companions, Martyrs	No Mass		
5th Sunday in Ordinary Time Year A	4.15-4.45 pm Confessions 5 pm Mass	Bingley	Parish
	9.15 am Mass	Cottingley	Richard Turasz
Saturday 7/Sunday 8 February	11.15 am Mass	Bingley	Cedric Wilson



In today's Gospel, Jesus opens the Sermon on the Mount with the Beatitudes—a vision of life that turns our usual ideas of success upside down. The world often celebrates strength, wealth, and self-reliance, yet Jesus proclaims blessing upon the poor in spirit, the meek, the merciful, and those who hunger for righteousness. St. Paul reminds us that God does not choose according to human standards. God works through humility, weakness, and trust so that all glory belongs to Him. The prophet Zephaniah echoes this hope, promising that God remains close to the lowly and the faithful.

These readings invite us to examine where we place our confidence. True happiness is not found in status or possessions, but in a heart open to God and to others. When we live with humility and compassion, we participate in the values of God's kingdom—both now and in eternity.

*May the Beatitudes inspire us this week to seek God first and to become a blessing in the lives of those around us.*

## Parish Notices

**Pilgrimage to Poland** St. Stephen's Parish is organising a pilgrimage to Krakow in Poland, 12th to 18th October 2026. The itinerary includes visits to Wadowice (John Paul II museum), Auschwitz, the Salt Mines, the Divine Mercy shrine, the Jasna Gora Monastery in Czestochowa with daily Mass and time to explore Krakow. Cost is £1979 + flights. For the full itinerary and booking form, please email [christopher.angel@dioceseofleeds.org.uk](mailto:christopher.angel@dioceseofleeds.org.uk).

**First Sacrament Part 2: Holy Communion** will be celebrated on Saturday 16 May in Cottingley at 11:00 am for those who received the Sacrament of Reconciliation last year. Children who are on the program should check in with me after Mass each Sunday.

**First Sacraments Part 1:** Classes in preparation for the Sacrament of Reconciliation will be held in Cottingley on Saturday 28 February and Saturday 7 and 21 March 10:30-12:00 and at least one parent should attend with their child. The Sacrament of Reconciliation will be celebrated at 5:00pm on Tuesday 24 March at 5:00pm in Cottingley.

