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Our Lady & St. Joseph, Aire Valley

St Monica's Presbytery, Bradford Old Road BD16 1SA

8th February 2026

5th Sunday in Ordinary Time

Diocese of Leeds Charity Number 249404

O Lord, may your words be on our lips, and in our hearts.

May they give us courage and hope – and draw us nearer to you.

5th Sunday in Ordinary Time Year A	4.15-4.45 pm Confessions 5 pm Mass	Bingley	Parish
Saturday 7/Sunday 8 February	9.15 am Mass	Cottingley	Richard Turasz
	11.15 am Mass	Bingley	Cedric Wilson
Monday 9 February	No Mass		
Tuesday 10 February	No Mass		
Wednesday 11 February Our Lady of Lourdes	No Mass		
Thursday 12 February	No Mass		
Friday 13 February	No Mass		
6th Sunday in Ordinary Time Year A	4.15-4.45 pm Confessions 5 pm Mass	Bingley	Maureen Thompson
	9.15 am Mass	Cottingley	Helga and Frank Onieszko
Saturday 14/Sunday 15 February	11.15 am Mass	Bingley	Parish



Today's Gospel reminds us that discipleship is not meant to be hidden. Jesus calls us salt and light—small things that make a great difference. Salt enhances and preserves; light guides and reveals. When faith is lived with sincerity, kindness, and courage, it quietly transforms our homes, workplaces, and communities. Isaiah shows us that light shines when we act justly and care for those in need. St. Paul adds that it is not our own brilliance that matters, but the power of God working through us.

This week, we are invited to ask: where is God calling me to bring flavour, hope, and light? By living the Gospel in simple, faithful ways, we help others glimpse God's love at work in the world. Lord Jesus, You call us to be salt and light in the world. Help us to live our faith with humility and love, so that our words and actions may point others to You. May we shine with kindness, mercy, and hope each day.

Parish Notices

Pilgrimage to Poland St. Stephen's Parish is organising a pilgrimage to Krakow in Poland, 12th to 18th October 2026. The itinerary includes visits to Wadowice (John Paul II museum), Auschwitz, the Salt Mines, the Divine Mercy shrine, the Jasna Gora Monastery in Czestochowa with daily Mass and time to explore Krakow. Cost is £1979 + flights. For the full itinerary and booking form, please email christopher.angel@dioceseofleeds.org.uk.

First Sacrament Part 2: Holy Communion will be celebrated on Saturday 16 May in Cottingley at 11:00 am for those who received the Sacrament of Reconciliation last year. Children who are on the program should check in with me after Mass each Sunday.

First Sacraments Part 1: Classes in preparation for the Sacrament of Reconciliation will be held in Cottingley on Saturday 28 February and Saturday 7 and 21 March 10:30-12:00 and at least one parent should attend with their child. The Sacrament of Reconciliation will be celebrated at 5:00pm on Tuesday 24 March at 5:00pm in Cottingley.

The Pope Leo's Intention for February: For Children With Incurable Diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Ministers at Masses this weekend

Saturday 07/02 17:00 Eucharistic minister Michael Rewilak
Reader Peter Taylor, Mark Startin

Sunday 08/02 09:15 Eucharistic minister H Sue Wilkinson
Readers R Elaine Schack, P Ann McKerchar

Sunday 08/02 11:15 Eucharistic minister Deirdre Naylor
Reader Jeremy Charnock, Oma Nwokeji

Ministers at Masses next weekend

Saturday 14/02 17:00 Eucharistic minister Mark Startin
Reader Anne McArthur, Peter Taylor

Sunday 15/02 09:15 Eucharistic minister H Anne Copley
Readers R Kevin King, P Anne Monaghan

Sunday 15/02 11:15 Eucharistic minister Jean Denman
Reader Oma Nwokeji, Jeremy Charnock

Please remember in your prayers all who are sick and those who care for them, especially:

Anita Austick	Liam Kay	David Ohr
Angela Barnes	Jacob Kinsey	Tony Shipman
Marisa Bell	Ria Koetsier	Steven Shaw
Maria Binns	Melissa Le Coultre	Neil Smith
Michael Bradley	Patricia Long	Rosamund Spencer
Ellerie Carroll	Richard Longden	Jeff Trotter
Sylvie Cantopher	Brian Marie	Mary Walker
Frieda Clapham	Andrew Markham	Sandra Walton
Anna Danys	Christine Matthews	Lisa White
Barbara Furniss	Paul McMenamin	Ann Wilkinson
Paul Gallagher	Harry McKenna	Madeleine Wilkins
Ian Harrison	Philomena McKenna	
Elizabeth Hartley	John Moran	

Please contact Colin 01274 566332 with any changes to this list.

Sanctuary Candles are lit each week in memory of your loved ones. Please keep the following in your prayers:
Lynch & Hobbs Families The Whitaker Family

A coffee morning/social gathering is held on the 2nd Tuesday of each month in the meeting room at Sacred Heart Church. Everyone is welcome. The next will be on 10th February from 10.00 to 11.30.

Children's Liturgy Reminder: there will be no session on Sunday 8th February due to the Winter Shelter. We will restart again after half-term on Sunday 22nd February. Don't forget there is a basket of children's books at the back of both Churches which are always available!

There will be a **retiring collection** at Masses on the weekend of 7/8 February for the Diocesan **Lourdes Fund**. This collection helps provide assistance for those going on pilgrimage, enabling care and support to those who need it: sick, disabled or infirm.

Bradford Festival Choral Society is performing Haydn's 'The Creation' at St George's Hall on Saturday 21st March at 7.30pm. It's an inspirational work celebrating God's creation of the world as told in Genesis. Featuring Yorkshire Symphony Orchestra. Join us for an exhilarating performance! Tickets Bradford Theatres 01274 432000

NEW MEN'S GROUP: The Oratory of St Joseph, for young Catholic or other interested laymen aged between 21 & 35. Monthly meetings at Hinsley Hall LS6 2BX, for prayer, Benediction, talks, social time & free supper. Inaugural meeting Thursday 26th February, 6.30-8.30pm. Contact: benjamin.hilton@dioceseofleeds.org.uk

Bingley Food Bank If you're thinking of donating, Tins of meat. Tins of carrots. Tins of fruit will be particularly welcome.

Or see bingleyfoodbank.org.uk/how-to-donate-food/

Please email **items for the parish bulletin** to me (Colin) at bulletin@ourladyandstjoseph.org.uk before Wednesday and I'll try to fit your item in.

The Parish Memorial Book (Book of Remembrance)

The book has these memories for this coming week:

7 Andy Smith	12 Alan Gregory Scott
7 Michael Bottomley	12 Marie Marguerite Jennings
8 Francis Bergin	12 Norah Ashworth
9 Renee Bean	12 Peter Smith
9 Terry Larkin	13 Stuart William Owen
10 Margaret Spillane	14 Annette Davis
11 Eileen Brearley	14 Bert Ashworth
11 Louis Rowe	14 Ernest Walton
11 Robert Bonner	14 Frank Thompson
11 Very Rev. Canon Joseph Finan	15 Richard B. Enright

To have your loved ones included in the Parish Memorial Book, please send their name and date of death to

bulletin@ourladyandstjoseph.org.uk

Dead List Masses: there are forty five Masses which will be said throughout the year. In a change to previous years the Dead List is displayed in each church and the actual lists are behind the display. Do take time to check the list and let me know if there are any mistakes. Thank you. Fr Pollard

CAFOD: At Candlemas we celebrate Jesus' presentation in the Temple, and especially Simeon's recognition of Jesus as a 'light to lighten the Gentiles' (Luke 2.32). As we bless the candles, we remember that Jesus is the Light of the World. When we look at the world around us today, we see that there are many places in need of light. Loneliness, mental illness and poor social conditions cause many to live in darkness.

As baptised Christians we have a mission to bring God's love to others, to shine his light and keep hope alive. Some of us may have the gift of preaching, some the gift of being loving companions. Whatever our gift we all have a calling to proclaim 'The Kingdom of Heaven is at hand' by our words and our actions.

In Dilexi Te Pope Leo XIV reminds us: 'All the members of the people of God have a duty to make their voices heard albeit in different ways...Unjust structures need to be recognised and eradicated by the force of good, by changing mindsets.... Both Christian preaching and life, then, are meant to have an impact on society. We are seeking God's Kingdom.' (#97)

God of light, Emmanuel, God with us, help us to listen to your voice calling us. May your Kingdom come here on earth as in Heaven. May we make our voices heard in ways that will impact our society and bring light to those in darkness. Amen.

PAX CHRISTI ASH WEDNESDAY PRAYERS: For the second year running, Pax Christi Leeds is organising prayers of repentance on Ash Wednesday 18th February at 12.30 pm Dortmund Square, Leeds. We pray for all those involved in nuclear war preparations to repent and have a change of heart. We will also pray that all us speak out for peace.

There is to be an **Irish Ceili and Country evening** at the Good Shepherd Centre, West Lane, Keighley BD22 6ES on Saturday 14 February from 7pm to 10.30. Tickets £10 adults, children under 15 £3 to include supper, tea and coffee. Bring your own drinks. Contact 01535 608639 or email admin@thegoodshepherdcentre.org.uk

Winter Shelter 2026: Thank you to Ruth Core who has agreed to co-ordinate this which will take place from Monday evening, 2nd to Monday morning, 9th February 2026. **Now we need volunteers!** Please call Ruth on 07737 179948 if you can help.

Have you any Bradford Council issues?

If you live in Cottingley, Cullingworth, Harden or Wilsden I am here to help. Please visit my Councillor Surgery in Cullingworth Methodist church on Saturday 15 February 10 - 11.00am OR email paul.sullivan@bradford.gov.uk Paul Sullivan, Ward Councillor